

**TONBRIDGE AND MALLING
HEALTH ACTION TEAM**

MINUTES

**Thursday 19th March 2015
14:00-16:00**

Present:

Jane Heeley	Chair, Chief Environmental Health Officer, TMBC
Heidi Ward	Health Improvement Manager, TMBC
Kallie Heyburn	Head of Planned and Integrated Care, CCG
Malti Varshney	Consultant in Public Health, WKKCC
Mark Raymond	Chief Corporate Policy Officer, TMBC
Ruth Lowe	Youth & Play Development Officer, TMBC
Satnam Kaur	Chief Housing Officer, TMBC
Symone Salwan	Director, Homestead Senior Care
Tracey Schneider	Project Officer, Dementia Friendly Communities
Jill Roberts	CEO, West Kent MIND
James Harmen	Community Engagement Officer, KCC
Rachel Parris	Programme Lead/Planned Care & Integrated Commissioning, WKCCG

Apologies

Stephen Gregg	Leisure Services Manager
Donna Crozier	Operations Manager, Home Improvement Agency
Martin Guyton	Chief Executive TMLT
Alison Finch	Safer & Stronger Communities Manager
Claire West	Russet Homes
Vicki Morrey	Weald of Kent Hospice
Karen Hardy	KCC Public Health Specialist

Actions**Apologies, welcome and introductions**

J H welcomed members and passed on apologies of absentees and asked members to introduce themselves.

1. Minutes and actions of previous meeting

JH went through the minutes of the previous meeting and the minutes were accepted by the group with regards to accuracy.

Comments arising from the minutes:

- JH/HW recently met with MG who is making a new application to “Make your move” funding and will include links with TMBC Walking For Health initiative.
- SK still to make contact with Heart of Hospice and will take this forward
- JH yet to meet with Fiona Skinner from Health Visitors.
- Better Care Fund now signed off.

**SK
JH**

2. Dementia Friendly Tonbridge

SS/TS

Symone Salwan (SS) introduced herself as the Director, Home Instead Senior Care and Tracey Schneider as the Project Officer Dementia Friendly Communities Social Care, Health and Wellbeing Kent County Council.

SS explained that although there was a very active Dementia Friendly Community (DFC) in West Malling that it was felt that there was an obvious gap in Tonbridge. SS explained the symptoms of dementia and how DFC is a government initiative to support those suffering from dementia to live well in their homes for longer by encouraging communities to better support carers and those suffering from the condition. It was explained how KCC funded DF project officer (TS) leads/chairs the West Kent (WKDAA) and that this group fed into other meetings such as the West Kent Health & Wellbeing Board (WKHWB) and the Kent HWB. These groups have representation from the Police, Kent Fire and Rescue, Kent Community Wardens, Borough Council, Alzheimer's Society and other organisations supporting those living with dementia.

The WKDAA has made making Tonbridge dementia friendly a key action to take forward through a forum of key interested stakeholders. This will be set up by TS and supported by TMBC (HW) where appropriate.

MV raised the point that it would be good for TS to link with Karen Hardy to discuss how the DFC initiative could link with the Kent Healthy Business award as part of the 'recognition' process for dementia friendly businesses.

TS/MV

It was agreed that TS/HW would liaise to take forward the Dementia Friendly Tonbridge. KH to put HW in contact with Dave Holman (CCG) to support the initiative and host meetings at Wharf House.

TS/SS/HW

3. NHS West Kent Self-care & Self-Management Strategic Delivery Plan & KCC Public Health Update

MV

MV explained that this is a draft document that will be circulated to all HAT members. The plan focuses on individual centred health care and aims to move away from medical model and looking at patient self- management and self-care prevention. Self-care to be embedded across all aspects of health and is therefore not commissioned service.

RP

The strategy looks at 3 key areas; Dementia, Diabetes and Chronic Obstructive Pulmonary Disease (COPD) to be considered over each pathway from primary prevention through to tertiary prevention. House of care concept takes a whole system approach to Long Term Conditions (LTC) management putting person central to care based on the Kings Fund model.

Looking for HAT members and voluntary organisations and other stakeholders to provide;

ALL

- Feedback
- Ownership of strategy
- Help to deliver

The plan will be signed off by WK CCG and WK HWB

4. WK Health & Wellbeing Board update

MV

MV update the group on the meeting that took place on the 17th March and the key areas covered

- Behaviour change - discussions centred on behaviour change relating to public health campaigns, social marketing and how the board can learn from other public sectors such as waste and recycling. A key action for the board is to look at social marketing campaigns to support childhood obesity.
- Total Place - Kent pulling together single asset management Strategy looking at how money is being invested in health care systems in West Kent.
- System leadership - WKHWB Looking at recommendations of how to strengthen leadership with more input from providers and commissioners. Integrated commission group to be disbanded and a systems leadership group with more provider input.
- JSNA – moving forward will look more at local data to help understand local needs such as housing so it can be integrated into local plans.
- Care Act has increased implications for people suffering from conditions such as dementia and it links across the system to self-care.
- Better care fund - looking at governance structure and how success is going to be monitored.

5. CCG Update

KH gave further detail of the NHS WK CCG's self-care/self-management Strategic Deliver Plan (2015-2019). The NHS Five Year Forward View (NHS 2014) outlines how people want to be involved in their own care and evidence suggests that self-care/self-management can improve health outcomes for many people. The plan details the WK CCG's commitments to delivering self-care in WK and supporting people to manage and take responsibility for their own care.

Key themes of the strategy include partnership working, prevention, putting patients at the centre of their care and making every contact count. Key priority areas include personalised care planning, clinical

microsystems, personal health budgets, mental health and use of technology to give patients full access to the care records.

6. Overview of aims and objectives of HAT

JH

JH discussed the future of the HAT moving forward explaining that the terms of reference were last updated in 2010. JH felt that although the meetings were extremely informative it was felt that the meeting were not necessarily action focussed enough. JH asked the question of whether the right people were sitting round the table and suggested various work streams that could be explored;

- Dementia Friendly Tonbridge - lead HW and TS
- Preventing falls/Housing - lead SK and KH
- Obesity and Physical activity – SG, KH and HW
- Microsystems

MV suggested that it was too early to look at microsystems as this was still work in progress

JH to distribute TOR to group

JH

7. A.O.B

JR updated the group to the fact that Sevenoals Area MIND had changed its name to West Kent MIND and that TMBC had agreed to fund a new mental health programme, Mental Health For Schools to pilot in 4 of Tonbridge & Malling Schools. HW said that Hugh Christie School was already keen to be involved in the pilot.

MV announced that Andy-Scott Clarke is the new Director of PH

Dates of next meeting:

14th July 2015

3rd Nov 2015